

Orchard Green Dental News

May 2008 Vol. 1

WELCOME TO OUR FIRST NEWSLETTER!

Welcome to this first issue of Orchard Green Dental News, our new way of keeping in touch with you. The newsletter will include articles on a range of dental health topics and tips on looking after your teeth. We will also be keeping you up to date with news of the latest developments in dental care. Also, if there are any changes at Orchard Green Dental Practice, we'll tell you about them here. Should you wish to discuss any of the issues raised in this newsletter, please contact us at any time.

Don't forget other information can be found on our new practice web-site:

www.orchardgreendental.com

Practice News

Good News, Miss Mehra has returned to work from maternity leave, and is looking forward to seeing you all again. We would like to thank Miss Plumpton for her help during this period, and we wish her the best in her future endeavours.

New Technology Available Now

Orchard Green is proud to announce we have just recently invested in state of art dental technology to provide you the best care possible, as follows:

Digital X-rays

Similar to traditional x-ray systems, digital radiography allows Dr.Mehra to detect decay and other problems. The process provides reduced radiation (up to **70% less**) to the patient and greater diagnostic capabilities than traditional X-rays. Digital X-rays allow for earlier detection of cavities and other problems resulting in a more conservative and less intrusive restoration. Advanced computer enhanced programs provide caries detection on teeth that might normally be invisible to the human eye by measuring enamel densities. These advanced computer programs provide the most efficient dental diagnostics available today.

Digital Cameras / Intra oral Cameras

Our IntraOral cameras digitally photograph all of your teeth. This allows you to see exactly how healthy they are or any areas in need of repair. The intra oral camera has a tiny magnifying lens that projects a picture from a patient's mouth onto a screen. The image, which is magnified up to 40 times its original size, allows Dr. Mehra to see fractured enamel and lines in teeth, gum recession, breakdowns of restorations, decay and other potential problems that may not be seen by the naked eye or x-rays. It allows more accurate color shading in restorations and depicts individual teeth in great detail. These digital images can easily be transmitted to specialists, hospitals or other healthcare centers via e-mail and offer an accurate, permanent record of the overall condition of teeth for future reference or current treatment.

Ultrasonic Cleaning

We can now clean nicotine, coffee, tea and other stains better thanks to ultrasonic cleaning. These instruments vibrate plaque and calculus off your teeth, even in areas below your gums

which are beyond the reach of traditional scalers. Ultrasonic cleaning reduces buildup of hard calculus or tartar on your teeth, and can mitigate bleeding gums.

Dental Software

Our new Integrated computer software allows real-time patient charting and incredible efficiency to ensure accuracy that results in the highest quality of dental treatment possible.

State-of-the-art Sterilization

For the ultimate in safety, we sanitize and debride instruments using an ultrasonic bath that microscopically removes organic materials from an instrument's surface. We have raised our sterilization procedures over and above national standard guidelines by investing in the latest technology in the form of a washer-disinfector, this raises our sterilization procedures. The instruments are then sealed in an autoclaveable sterilization pouch where it is ran at a very high temperature through an advanced high heat system that is capable of destroying any living organism. Instruments are then stored in these sterile, sealed pouches until patient use. Surface disinfectants and sterilization solutions are used on all surface contacts as well as disposable sleeves, covers and bibs to eliminate cross contamination in the lab and operatories. Your health and safety is our number one priority. You are in good hands when you trust your oral care to our team of professionals.

New Website

Please visit our newly revamped Website:

www.orchardgreendental.com

Here you can see up to date information, contact the practice and make an appointment request/cancellation or general enquiry.

Or simply email us on info@orchardgreendental.com

Our Team, to help you identify who is who:



Gauri Mehra
Principal Dentist



Chris
Receptionist



Jackie
Receptionist



Janet Selby
Dental Nurse



Julie
Dental nurse

COMING SOON-Dental Information System-Dental TV

You will soon be able to watch presentations from your seat in the waiting area. A plasma screen has been installed which will show a continuous set of information sequences, animations and filmed demonstrations of services that we offer. Please feel free to ask at reception should there be any specific subject on which you want more information.

Useful Patient Information

What to do if you lose a tooth!

A knocked-out (or, in dental speak, "avulsed") tooth is an emergency. If you don't get help soon, it will be impossible to salvage the tooth, and the socket can become badly infected. By taking quick action, you can save both the tooth and the socket.

Here's what you need to do:

- Find that tooth!
- Pick it up by the crown, not the fleshy root. If the root looks dirty, give it a quick rinse with a sterile saline solution, milk, or saliva. Don't scrub it or touch it -- you could wind up losing vital tissue.
- As unappealing as it sounds, try to put the tooth back in its socket. Then hold it in place with gauze or a clean washcloth until you get to a dentist.
- If the tooth won't go back in place, put it in a glass of milk or sterile saline solution. Don't put it in water. (Water doesn't preserve the tooth as well, which can make it more difficult to reimplant.) You can also carry the tooth tucked between your gum and cheek until you get to the hospital or to the surgery.
- Get to the practice immediately. (And don't forget to bring the tooth!)